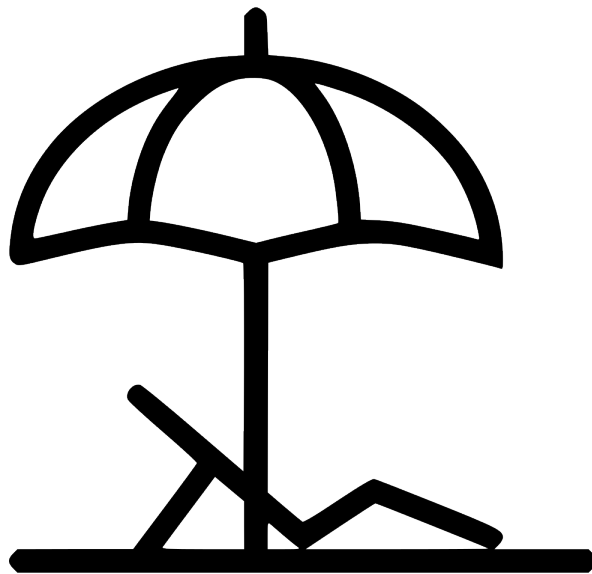


# ZEST MEDITERRANEAN BEACH MENU



It all happens at **JAN THIEL** BEACH

**WELCOME!**  
TO ZEST MEDITERRANEAN



## RESTAURANT MENU

9:00 AM - 12:00 PM

### BREAKFAST

CROISSANT

Butter, confiture 8.50

FRENCH BREAKFAST

Coffee/tea, croissant, confiture,  
fresh orange juice 19.50

ZEST MEDITERRANEAN BREAKFAST

Coffee/tea, fresh orange juice, bacon,  
confiture, curd, fruit, bread, charcuterie, egg  
(boiled, sunny side up, scrambled or omelet) 34.50

FRENCH TOAST 13,-

EGG WITH TOAST

Boiled, sunny side up, scrambled or omelet 15.50  
With bacon 19,-

9:00 AM - 4:00 PM

YOGHURT 9,-

With honey 11,-

With cruesli 15.50

With fresh fruit 14,-

DUTCH PANCAKE 10,-

With bacon 13.50

With apple 14.50

With cheese 13.50

'UITSMIJTER' (EGG, HAM & CHEESE) 18,-

FRESH FRUIT 12,-

SMOOTHIE BOWL 17.50

SLOW JUICE

Daily fresh juice from the slow juicer 15,-

### SALADS

NIÇOISE

Tuna, potato, haricot verts, red onion, egg 30,-

SMOKED RIB EYE

Puffed vine tomato, Parmesan, basil 33.50

ROASTED VEGETABLES WITH FETA

Okra, pumpkin, tomato, watermelon, Vadouvan  
29.50

### CLUB SANDWICHES

CHICKEN

Crunchy bacon, egg salad 26.50

SMOKED RIB EYE

Puffed bell pepper, truffle mayonnaise, Parmesan  
28.50

**SANDWICH** *white or brown*

GRILLED TUNA

Avocado, spicy papaya 26.50

CAPRESE

Buffalo mozzarella, tomato, basil cream 27.50

PARMAHAM

Muhammara (spicy Arabian dip), grilled vegetables  
28.50

**SOUP** *served with bread*

ROASTED TOMATO SOUP

Crème fraîche, herb oil 18,-

SPICY CARIBBEAN SHELLFISH SOUP

Prawn, papaya, beans 24.50

### PASTA

VONGOLE

Shellfish, red pepper, garlic 27.50

POLPETTINE

Meatballs, tomato sauce 29,-

## LUNCH CLASSICS

STEAK TARTARE 'TABLE PREPARED'  
Bread or French fries, salad 47,-

GRILLED TUNA  
Antiboise, salad 37.50

GARLIC PRAWNS  
Bread, salad 37.50

RIB EYE 250 GR  
Bacon butter, French fries, salad 45,-

ARANCINI  
Fried risotto balls, mozzarella, tomato sauce,  
fried capers 33.50

BAGEL SMOKED SALMON  
Horseradish cream cheese, celeriac salad 29.50

WRAP CHICKEN  
Bell pepper, onion, mushrooms 26,-

## BEACH GRILL MENU

12:00 PM - 10:00 PM

### SALADS

CEASAR  
Ceasar chicken, romaine, croutons, bacon,  
Parmesan, anchovies, Ceasar dressing 28,-

GRILLED TUNA  
Tomato, olives, croutons, lime & olive oil,  
zest of lime 29.50

MEDITERRANEAN SALAD  
Goat cheese, tomato, cucumber 26,-

### TOSTI

DUTCH CHEESE 8.50  
DUTCH CHEESE, PREMIUM HAM 9,-  
DUTCH CHEESE, PREMIUM HAM, PINEAPPLE 9.50

### QUESADILLAS

CHICKEN  
Chicken, bell pepper, mozzarella 16.50

BEEF  
Brisket, mozzarella, BBQ sauce, jalapeño,  
crispy onion 19.50

VEGA  
Vegetables, mozzarella, Muhammarra  
(spicy Arabian dip) 17.50

## PINCHO'S

CHICKEN 220 GR 19.50  
TENDERLOIN 220 GR 29.50

## FISH

BLACK FINN TUNA STEAK 250 GR 27.50  
SHRIMPS PINCHO (6PCS) 20.50  
FISH IN THE BASKET /  
DEEP FRIED BATTERED FISH 16,-

## BEACH BAR BURGERS

TEXAS BLACK ANGUS  
7oz Black Angus beef, Texas spice, Dutch cheese,  
pickle, hamburger sauce 24.50

TUNA  
Caribbean salsa 24.50

CHICKEN  
Smokey BBQ sauce, fried onion with pickle 19.50

VEGETABLE  
Chickpeas, tomato antiboise, Muhammarra  
(spicy Arabian dip) 19.50

## FLAT BREAD

FLAT BREAD  
Served with garlic dip and Muhammara  
(spicy Arabian dip) 12.50

## SIDE ORDERS

CAJUN WEDGES 9.50  
FRENCH FRIES 8.50  
COLESLAW 7.50  
GRILLED VEGETABLES 9.50  
GREEN SALAD 9.50

## PLATTERS TO SHARE

MEAT  
Chorizo, spare ribs, rib eye, chicken wings 75,-

FISH  
Tuna, shrimps, fried calamari, battered fish 69,-

## BEACH BITES

CHICKEN WINGS 18,-  
CALAMARI 12,-  
MOZZARELLA STICKS 12,-  
VEGETABLE SPRING ROLLS 12,-  
DUTCH 'BITTERBALLEN' 12,-  
OLIVES 10,-  
2 DUTCH CROQUETTES WITH BREAD 14.50

## MIXED BITES

'Bitterballen', vegetable spring rolls, mozzarella  
sticks, fried calamari 24,-

# DRINK MENU

## FRESH JUICES

AWA LAMUNCHI 5,-  
FRESH ORANGE JUICE 7,-  
SLOW JUICE (FRUIT & VEGETABLE) 250 ML 15,-

## SMOOTHIES

BANANA, CAPPUCCINO, MANGO, PEACH, PIÑA  
COLADA, STRAWBERRY, VANILLA, ICE CREAM 11,-

## BEER

POLAR 6.50  
AMSTEL BRIGHT 7.50  
HEINEKEN 7.00  
LIEFMANS FRUITESSE 9.50  
LEFFE BLOND 8.50  
HOEGAARDEN 9.50  
CORONITA 7,-  
MONTAÑA BLONDE (LOCAL BEER) 7.50

## COCKTAILS

COSMOPOLITAN 18.50  
MARGARITA 18.50  
CAIPIRINHA 18.50  
TEQUILA SUNRISE 18.50  
SEX ON THE BEACH 18.50  
FROZEN DAIQUIRI 18.50  
PIÑA COLADA 18.50  
NEGRONI 18.50  
MOSCOW MULE 18.50  
OCEAN BLUE 18.50  
MOJITO (ORIGINAL & WATERMELON) 18.50  
CAIPIROSKA (ORIGINAL, PEACH, MANGO,  
RASPBERRY, LEMON) 18.50

## HOUSE WINES

WHITE  
Sauvignon Blanc, Chardonnay, Pinot Grigio 11.50

ROSE  
Pinot Grigio Blush, Rosé de France 11.50 / 13

RED  
Bardolino Rosso, Malbec 11.50

## EXTENSIVE WINE LIST

ASK YOUR WAITER FOR OUR WINE LIST AND  
CHOOSE FROM THE BEST VARIETIES OF OUR  
'PROEFLOKAAL'

## SPRITZ

APEROL SPRITZ  
Aperol, prosecco, soda, orange 15

HUGO  
Bols elderflower, prosecco, soda, lime, mint 15

IL FRIZZO  
Limoncello, prosecco, soda, lemon 15

ROSSINI  
Bols strawberry, prosecco, soda, strawberry,  
peppermint 15

## SPRITZ TIME HAPPY HOUR

EVERY FRIDAY FROM 6:00 PM - 7:00 PM ALL  
SPRITZ AT HALF PRICE!  
*\* ALSO SPECIALS ON BEER, WINE, MIX AND SODA!*

## LOBSTER NIGHT

EVERY THURSDAY FROM 6:00 PM AT ZEST  
BEACH CAFÉ!

## HIGH COOL TEA

HOMEMADE ICED TEA SERVED WITH A GREAT  
SELECTION OF SWEET AND SAVORY BITES!  
*\* ON RESERVATION ONLY, RESERVE VIA  
ZEST@JANTHIELBEACH.COM*