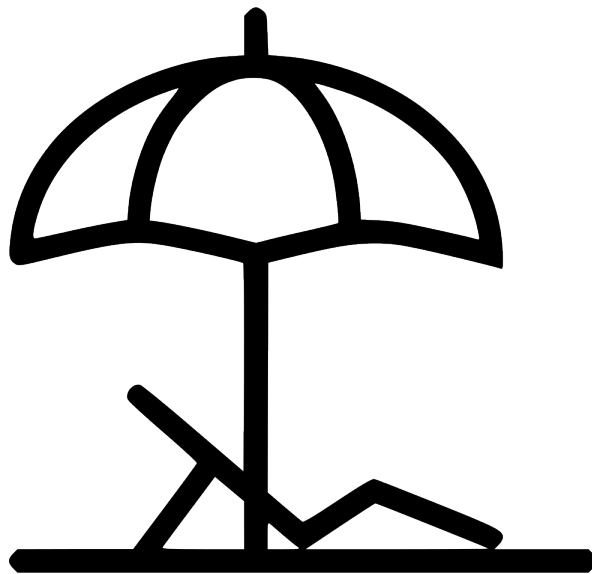


ZEST MEDITERRANEAN BEACH MENU



It all happens at **JAN THIEL** BEACH

WELCOME!
TO ZEST MEDITERRANEAN



RESTAURANT MENU

9:00 AM - 12:00 PM

BREAKFAST

YOGURT 9,-

With honey 11,-

With cruesli 15.50

With fresh fruit 14,-

THE GREEN SMOOTHIE BOWL

Mango, spinach, passion fruit, avocado,
coconut 15,-

FRESH FRUIT

Pineapple, watermelon, cantaloupe melon,
apple 12,-

CROISSANT

With butter, confiture 8.50

With cheese 9.50

With bacon-cheese 11.50

FRENCH TOAST

Sugar loaf, vanilla crème fraîche, cinnamon 14.50

LIÈGE WAFFLE

Red fruit, curd 17,50

DUTCH PANCAKE 12,-

With bacon 13.50

With cheese 13.50

EGG WITH TOAST

Boiled, sunny side up, scrambled or omelet 15.50

With bacon 19,-

'UITSMIJTER' (EGG, HAM & CHEESE) 18,-

HUEVOS RANCHEROS

Free-range egg from the oven, tomato, black beans,
avocado, coriander, tortilla, jalapeño 22.50

BLT SANDWICH

Bacon, tomato, lettuce, mayonnaise 25.50

9:00 AM - 4:00 PM

SALADS

NIÇOISE

Tuna, potato, haricot verts, red onion, egg 30,-

SMOKED RIB EYE

Puffed vine tomato, Parmesan, basil 33.50

CARIBBEAN BOWL

Pumpkin, watermelon, tomato, cauliflower, pearl
couscous, mint, dukkah 31.50

SANDWICH *white or brown*

CLUB SANDWICH CHICKEN

Crunchy bacon, egg salad, lettuce 26.50

CLUB SANDWICH SMOKED RIB EYE

Bell pepper, truffle mayonnaise, Parmesan 28.50

GRILLED TUNA

Avocado, spicy papaya 26.50

OLD CHEESE

Reypenaar, roasted bell pepper, cress 26.50

MARTINO

Filet Americain, 'Amsterdams zuur', mustard 28.50

PASTA

VONGOLE

Shellfish, red pepper, garlic 27.50

POLPETTINE

Meatballs, tomato sauce, basil, Parmesan 29,-

RAVIOLI BURRATA

Tomato, herbal oil, pistachio 33.50

LUNCH CLASSICS

STEAK TARTARE 'TABLE PREPARED'

Bread or French fries, salad 47,-

GRILLED TUNA

Antiboise, salad 37.50

all prices are in nafl. and include 9% OB

GARLIC PRAWNS
Bread, salad 37.50

RIB EYE 250 GR
Bacon butter, French fries, salad 45,-

BAGEL SMOKED SALMON
Horseradish cream cheese, celeriac salad 29.50

WRAP CHICKEN
Bell pepper, onion, mushrooms 26,-

ROASTED TOMATO SOUP
Crème fraîche, herbal oil 18,-

MEZZE PLATTER
Hummus, Muhamarra (spicy Arabian dip), pita,
crudités 25,-

BEACH GRILL MENU

12:00 PM - 10:00 PM

TO START

PLATTER (FROM 2 PERSONS)
Marinated olives, manchego, tomato, Jamón
Serrano, calamaris, flat bread, dips 19.50 p/p

SALADS

CEASAR
Ceasar chicken, romaine, croutons, bacon,
Parmesan, anchovies, Ceasar dressing 28,50

GRILLED TUNA
Tomato, olives, croutons, lime & olive oil,
zest of lime 31.50

BURRATA SALAD
Tomato, basil, balsamic 28.50

PANINI

DUTCH CHEESE 10.50
DUTCH CHEESE, PREMIUM HAM 11,-
DUTCH CHEESE, PREMIUM HAM, PINEAPPLE 11.50

QUESADILLAS

CHICKEN
Chicken, bell pepper, red onion, mozzarella,
cheddar 18.50

BEEF
Pulled beef, white onion, BBQ sauce, jalapeño,
mozzarella, cheddar 20.50

VEGA
Bell pepper, red onion, zucchini, mozzarella,
cheddar 17.50

PINCHO'S

CHICKEN 220 GR 22.50
TENDERLOIN 220 GR 29.50

FISH

BLACK FINN TUNA STEAK 250 GR 35,-
SHRIMPS PINCHO (6PCS) 20.50
FISH IN THE BASKET /
DEEP FRIED BATTERED FISH 16,-

BEACH BAR BURGERS

TEXAS BLACK ANGUS
7oz Black Angus beef, Texas spice, Dutch cheese,
pickle, hamburger sauce 25.50

TUNA

Caribbean salsa 26.50

CHICKEN

BBQ sauce 24.50

VEGETABLE

Chickpeas, aioli, Muhammara (spicy Arabian dip)
24.50

FLAT BREAD

FLAT BREAD
Served with garlic dip and Muhammara
(spicy Arabian dip) 14.50

SIDE ORDERS

CAJUN WEDGES 9,-
FRENCH FRIES 8.50
COLESLAW 7.50
GRILLED VEGETABLES 9.50
GREEN SALAD 9.50

PLATTERS TO SHARE

MEAT
Chicken pincho, tenderloin pincho, spareribs,
chicken wings 80,-

FISH

Tuna, shrimps, fried calamari, battered fish 70,-

MIX

Tuna, shrimps, chicken pincho, spareribs 75,-

BEACH BITES

LOCAL CHEESE BALLS 12,-
CHICKEN WINGS 18,-
CALAMARI 12,-
MOZZARELLA STICKS 12,-
VEGETABLE SPRING ROLLS 12,-
DUTCH 'BITTERBALLEN' 12,-
OLIVES 10,-
2 DUTCH CROQUETTES WITH BREAD 16.50

MIXED BITES

'Bitterballen', vegetable spring rolls, mozzarella
sticks, fried calamari 25,-

DRINK MENU

FRESH JUICES

AWA LAMUNCHI 5,-
FRESH ORANGE JUICE 7.25
SLOW JUICE (FRUIT & VEGETABLE) 250 ML 15,-

SMOOTHIES

BANANA, CAPPUCCINO, MANGO, PEACH, PIÑA COLADA, STRAWBERRY, VANILLA, ICE CREAM, RASPBERRY, PASSION FRUIT 12,-

BEER

CORONITA 8.50
POLAR 7.50
AMSTEL BRIGHT 8.50
HEINEKEN 8.50
LEFFE BLOND 12,-
MONTANA BLONDE (LOCAL BEER) 8.50
BRION (BREWED FOR CURAÇAO) 8.50

COCKTAILS

COSMOPOLITAN 19.50
MARGARITA (ORIGINAL, STRAWBERRY, PASSION FRUIT, MANGO. WITH OR WITHOUT SALT) 19.50
CAIPIRINHA 19.50
TEQUILA SUNRISE 19.50
SEX ON THE BEACH 19.50
FROZEN DAIQUIRI 19.50
PIÑA COLADA 19.50
BOULEVARDIER 19.50
THE LADY IN WHITE 19.50
MOSCOW MULE 19.50
OCEAN BLUE 19.50
MOJITO (ORIGINAL & WATERMELON) 19.50
CAIPIROSKA (ORIGINAL, PEACH, MANGO, RASPBERRY, LEMON) 19.50
COCKTAIL OF THE MONTH 19.50

HOUSE WINES

WHITE
Sauvignon Blanc, Chardonnay, Pinot Grigio 12.50

ROSE
Pinot Grigio Blush, Rosé de France 12.50 / 13.50

RED
Merlot, Malbec 12.50

EXTENSIVE WINE LIST

ASK YOUR WAITER FOR OUR WINE LIST AND CHOOSE FROM THE BEST VARIETIES OF OUR 'PROEFLOKAAL'

SPRITZ

APEROL SPRITZ
Aperol, prosecco, soda, orange 16,-

HUGO
Bols elderflower, prosecco, soda, lime, mint 16,-

IL FRIZZO
Limoncello, prosecco, soda, lemon 16,-

ROSSINI
Bols strawberry, prosecco, soda, strawberry, peppermint 16,-

SPRITZ TIME HAPPY HOUR

EVERY FRIDAY FROM 6:00 PM - 7:00 PM ALL SPRITZ AT HALF PRICE!
** ALSO SPECIALS ON BEER, WINE, MIX AND SODA!*

LOBSTER NIGHT

EVERY THURSDAY FROM 6:00 PM AT ZEST BEACH CAFÉ!

HIGH COOL TEA *

HOMEMADE ICED TEA SERVED WITH A GREAT SELECTION OF SWEET AND SAVORY BITES!

HIGH WINE *

ENJOY THE BEST WINE & FOOD PAIRING AT ZEST MEDITERRANEAN!

** ON RESERVATION ONLY, RESERVE VIA ZEST@JANTHIELBEACH.COM*